

A Character study:

# Slow to Anger

“And how from infancy you have known the holy Scriptures, which are able to make you wise for salvation through faith in Christ Jesus. All Scripture is God-breathed and is useful for teaching, rebuking, correcting and training in righteousness, so that the man of God may be thoroughly equipped for every good work.”

*2 Timothy 3:15-17*

This character study is designed to illustrate this character trait using verses, stories, consequences of sin and blessings of obedience found through out the Bible.

Each day you will learn a verse, read a story where this sin is illustrated, then discuss the consequences of this sin followed up by the blessings of obedience. I encourage discussion with your children on ways they can help one another to stay free from this sin.

*Resources:* This study was created using references from the Bible and the book “For Instruction in Righteousness” by Pam Forster

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# Slow to Anger

## Memory Verse:

**James 1:19-20** So then, my beloved brethren, let every man be swift to hear, slow to speak, slow to wrath, for the wrath of man does not produce the righteousness of God.

## Day 1

### **Verse:**

Psalm 37:8 Refrain from anger and turn from wrath; do not fret—it leads only to evil.

### **Story & Consequences:**

Genesis 37: Joseph's brothers hated him which lead to them plotting his death and finally selling him into slavery then lying to their father.

### **Blessings of Obedience:**

Genesis 45, 50:15-21 Joseph is not angry at his brothers because he knows that God used their actions for good.

Proverbs 16:32 *He who is slow to anger is better than the mighty, and he who rules his spirit than he who takes a city.*

## Day 2

### **Verse:**

Galatians 5:22-23 But the fruit of the Spirit is love, joy, peace, forbearance, kindness, goodness, faithfulness, gentleness and self-control. Against such things there is no law. (Notice how anger is not mentioned)

### **Story & Consequence of anger:**

Genesis 4:1-15 Cain's anger lead to murder, Can was then to become a restless wanderer on the earth.

### **God's instruction to us:**

Proverbs 22:24 Do not make friends with a hot-tempered person, do not associate with one easily angered.

### **Blessings of Obedience:**

Proverbs 15:18 A hot-tempered person stirs up conflict, but the one who is patient calms a quarrel

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## Day 3

### **Verse:**

James 1:19-20 My dear brothers and sisters, take note of this: Everyone should be quick to listen, slow to speak and slow to become angry, because human anger does not produce the righteousness that God desires.

### **Story:**

Exodus 2:11-14 Moses became angry and killed an Egyptian

### **Consequence of sin:**

Romans 2:8 But for those who are self-seeking and who reject the truth and follow evil, there will be wrath and anger.

### **Blessings of Obedience:**

Proverbs 14:29 Whoever is patient has great understanding, but one who is quick-tempered displays folly.

## Day 4

### **Verse:**

Proverbs 15:1 A gentle answer turns away wrath, but a harsh word stirs up anger

### **Story:**

Daniel 3:13-19 Furious Nebuchadnezzar tried to kill Shadrach, Meshach and Abednego.

### **Consequence of sin:**

Matthew 5:22 But I say to you that whoever is angry with his brother without a cause shall be in danger of the judgment. And whoever says to his brother, 'Raca!' shall be in danger of the council. But whoever says, 'You fool!' shall be in danger of hell fire.

### **Blessings of Obedience:**

Proverbs 20:3 It is to one's honor to avoid strife, but every fool is quick to quarrel.

