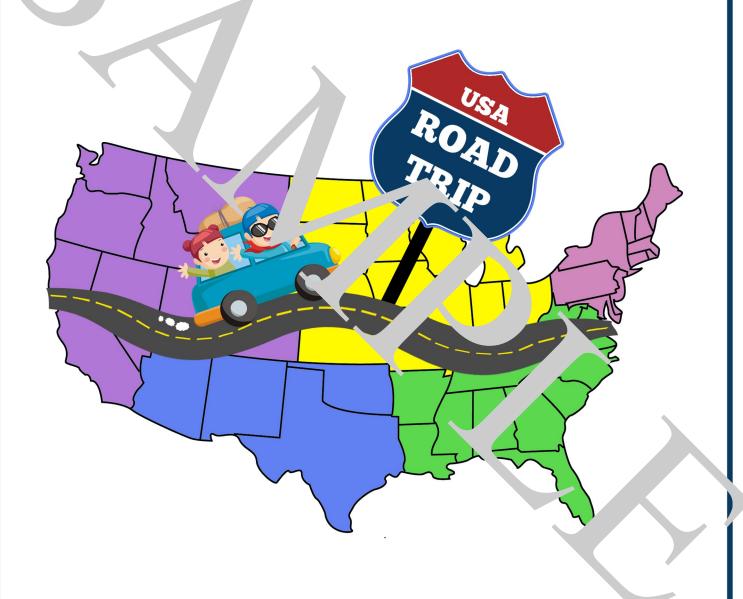
# A owney across the United States



Erica @ www.confessionsofahomeschooler.com

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# RoadTrip

# A I mey across the United States

# **Getting Started:**

Road Trip USA is a U.S. History and Geography Curriculum that covers the 50 states in the United States of America, including a bit on the territories as well. It is designed primarily for elementary level K-4th grade students.

\*\* See page 4 for a list of resources needed \*\*

# Here are some of the topics included in this curriculum:

- Geographical Locations
  - State Symbols
  - Mapping & Atlas Skills
  - Famous Landmarks
    - Historical Figures
    - Historical Events
  - Food and Recipes
    - Craft Activities
    - US Presidents
  - The Constitution
  - Revolutionary War
  - Underground Railroad
    - Civil War
    - Pioneers
  - Westward Expansion
    - Native Americans
      - State Reports
    - State Jeopardy
- State & Capital Flashcards
  - State Puzzle

### **Book Basket:**

I suggest visiting your local library or doing an internet search for each state. Your students can use the book basket anytime they'd like to or during their free reading time. See Appendix for Additional Reading Resources for each state.

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# **Core Resources Used:**

- <u>United States Atlas for Young Explorers</u> (Third Edition) by National Geographic
- <u>Trend USA Wall Poster</u> (purchase 2): Cut up one into pieces by state, and keep the other one whole. Put small Velcro dots on each state on the whole poster and then one on the backs of each cut state. You will be adding each state to the wall map as they are learned. (You do not have to use the Trend USA Poster, any USA map with clear cut states can be used for this activity.)

# **Reading by Region:**

These books can be found in most local libraries, make sure to check there before purchasing!

# The Northeast:

If you were there when They Signed the Constitution by Elizabeth Levy

# The South East:

If you Traveled on the Underground Railroad by Ellen Levine Civil War Days: American Kids In History by David C. King

**Alabama:** Order free Braille card from www.afb.org (Takes 3-4 weeks for delivery)

### The Southwest:

If you lived with the Hopi by Anne Kamma

### The Midwest:

<u>Lewis & Clark Expedition</u> by Carol A. Johmann Pioneer Days: American Kids in History by David C. King

### The West:

If you traveled west in a covered wagon by Ellen Levine

### Additional Reading:

Additional Reading for each state supplied in the Appendix of this curriculum.

# Additional Optional Geography Resources:

- 50 States by Erin McHugh
- Birds, Nests and Eggs by Mel Boring
- Colonial Days; American Kids in History by David C. King
- Paper Toys fun resource for all kinds of paper models
- Paper Dolls around the world
- Revolutionary War Days: American Kids in History by David C. King
- Social Studies Resource Boxes Gr 1-3 Lakeshore Learning
- Spin USA by Educational Insights
- The Journey of the One and Only Declaration of Independence by Judith St. George
- <u>United States Resource Box</u> Gr 1-3 Lakeshore Learning
- What state is this Dot-to-dots Making Learning Fun
- Wild West Days: American Kids in History by David C. King

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# **WISCONSIN**

# **Materials Needed:**

- National Geographic US Atlas
- USA Wall Map
- Food: Wisconsin Cheese, Homemade Butter Activity (See recipes on following pages)
- Popsicle Stick Log Cabin Craft (See following pages for directions)
- Pioneer Days: American kids In History

# Lesson 90:

- Locate State and Capital (Madison) on US Map
- Wisconsin was named the 30th state on May 29, 1848. It is nicknamed "The Badger State" which originally referred to the lead miners of the 1830's, who worked at the Galena lead minds in Illinois. The mines were in northwestern Illinois, close to the Wisconsin border. The miners lived in caves cut into the hillsides which were described as badger dens, and miners were referred to as "badgers". It is a heavily forested area with ample fresh water, which has made it the top paper-producing state in the U.S. Over five million tons of paper pare produced here each year.
- Read: National Geographic US Atlas: Pg 112-113 Wisconsin
- National Geographic US Atlas: Find Madison WI Pg 113 G5
- **State Flag:** The current flag of Wisconsin was made official in 1913. The law specified a dark blue background with the state coat of arms centered on each side. In 1979 they added the word "Wisconsin" in white letters above the state coat of arms and the year "1848" to the bottom to help distinguish the flag from other states.
- **State Bird:** The American Robin was designated the state bird in 1949. They are commonly seen tugging earthworms out of lawns across North America. They are fairly large songbirds with a large round body, and long tail. They have a bright orange breast with gray-brown heads and wings and a white patch on the lower belly. They eat a large number of both invertebrates and fruit. Learn more here!
- State Flower: The Wood Violet was named the official state flower in 1909. It is commonly seen in meadow areas and along roadsides. The flowers range from almost white, to deep blue or purple in color. They have 4 heart-shaped petals and can be seen blooming in early spring continuing into early fall.
- Complete coloring page in student workbook
- READ: Pioneer Days: American kids In History Pg 98 103 (Winter: Evening Fun & Crafts)
- Check out some Wisconsin Fun Facts: <u>www.50states.com</u>

# Hawaii

# Materials Needed:

- National Geographic US Atlas
- USA Wall Map
- Food: Dole Pineapple
- Volcano Activity: (See following pages for directions)
- If you Traveled West in a Covered Wagon

# Lesson 111:

- Locate State and Capital (Honolulu) on US Map
- Hawaii is comprised of a chain of 132 islands. After several attempts Hawaii was finally named the 50th state of the U.S. on August 21, 1959. It is nicknamed "The Aloha State" which is the Hawaiian word for "hello". It is the southernmost state in the U.S. and is also home of the world's most active volcano, Kilauea on Mauna Loa.
- Read: National Geographic US Atlas: Pg 140-141 (Hawaii)
- National Geographic US Atlas: Find Honolulu HI Pg 141 C4
- **State Flag:** The flag of Hawaii was adopted on July 31, 1843. It has eight alternating white, red and blue strips representing the main eight islands of Hawaii. The British Union Jack represents Hawaii's historical relationship with Great Britain.
- **State Fish:** The humuhumunukunukuapua'a (pronounced: hoo-moo-hoo-moo-noo-koo-noo-koo-ah-ah) also known as the Reef Triggerfish is Hawaii's state fish.
- **State Bird:** The Nene Goose was named as Hawaii's state bird in 1957. This bird was hunted almost to the point of extinction and is now on the endangered animals list. The Nene Geese have completely webbed feet and measure approximately 16 inches tall. They feed on vegetation that includes leaves, seeds, fruit and flowers. Click here for more information!
- **State Flower:** The Hibiscus is Hawaii's official state flower. There are many colors of hibiscus and approximately 200 species are known to exist. They bloom in late July, early August and keep blooming until late fall. While each bloom only lasts for one day, a single plant can produce a hundred blooms in one season. Click here for more info
- **State Insect:** The Kamehameha butterfly was named the official insect of Hawaii on January 23, 2009. It is one of only two species that is native to Hawaii. They have bright red wings, bold black borders and a 2.5 inch wingspan. They feed on the sweet sap from broken Koa tree branches.
- Famous Landmarks: Pearl Harbor At 6:00am on December 7, 1941 six Japanese carriers launched a first wave of 181 planes composed of torpedo bombers, dive bombers, horizontal bombers and fighters. The Japanese achieved complete surprise when they hit American ships and military installations on Oahu shortly before 8:00 a.m. They attacked military airfields at the same time they hit the fleet anchored in Pearl Harbor. 21 ships were sunk or damaged including the Battleship USS Arizona which is still visible from the ocean surface. Click here for more information on the attack at Pearl Harbor
- Complete coloring page in student workbook
- **READ:** If you Traveled West in a Covered Wagon: Pgs 30 34 (The Ride Dangers)
- Check out some of Hawaii's Fun Facts: www.50states.com, www.netstate.com

More Information: Hawaii: www.ehawaii.gov, Hawaii Historic Landmarks at Wikipedia

# Hawaii

# <u>Lesson 112:</u>

- Locate State and Capital on US Map (review), put up piece on map.
- REVIEW: Review location and capitals of all states learned so far.
- Hawaii Volcanoes National Park, established in 1916, is a U.S. National Park located on the island
  of Hawaii. It is made up of 5 volcanoes, and encompasses two active volcanoes: <u>Kilauea</u>, one of
  the world's most active volcanoes, and <u>Mauna Loa</u>, the world's most massive volcano. Kilauea is
  an invaluable resource for volcanologists who are able to study it up close due to its non-violent
  activity. Below is a map of the five volcanoes that form the island Hawaii.



- **Food**: The <u>Dole Pineapple Plantation</u> is one of Hawaii's main attractions. In 1922 James Dole purchased the island of Lanai and developed it as a vast pineapple plantation which became the world's largest plantation with over 200,000 acres. Take a field trip to the grocery store and pick out a fresh pineapple. Fresh green leaves at the top signify a ripe pineapple, the body can be any color on the outside. It should smell fragrant but not too sweet. Avoid soft pineapples and ones that smell overly sweet, this may indicate that the pineapple has begun to ferment.
- **US Presidents:** <u>Barack Obama</u>, the 44th President of the U.S. (2009-Present) was born August 4, 1961 in Honolulu, HI.
- READ: If you Traveled West in a Covered Wagon: Pgs 35 39 (Sleep Clothes)
- Hawaiian Luau: A Luau is a traditional Hawaiian fest. It features foods such as poi, <u>Kalua pig</u>, <u>poke</u>, <u>lomi salmon</u>, sweet potatoes, tropical fruit plates and <u>haupia</u>. They also have traditional Hawaiian entertainment such as music and hula dancing. A Lei (garland) is presented to guests upon arriving or leaving as a symbol of affection. (<u>Click here for more Luau recipes</u>)
- Activity: Have a Luau! If you can't get a hold of the above foods, I suggest a baked ham, sweet
  potatoes, a tropical fruit tray (pineapple, mango and papaya), Lomi Salmon, and non-alcoholic
  Pina Coladas. (See recipes below). Decorate the table with a traditional runner of silk flowers
  and leaves.
  - Lomi Salmon Recipe:
  - Ingredients: 8 oz. salted salmon filet, 1 cup diced tomatoes, 3 Tbsp. green onion (finely chopped), 1/2 c. finely diced white onion, 16 iceberg lettuce leaves.
  - **Directions:** Shred the salmon into small pieces using clean hands. Add chopped onions and tomatoes, Toss gently until all ingredients are thoroughly mixed. Chill before serving. Place about 3 Tbsp. of mixture on each lettuce leaf to serve.
  - **Tip:** If you can't find salted salmon filet, add 1/3 c. course sea salt and unsalted filet to a ziploc bag. Shake bag well to coat filet and chill 8 hours or overnight. Soak filet in ice water 2 hours, changing water every 30 minutes. Drain well and pat dry with paper towels.
  - Non-Alcoholic Pina Colada Ingredients: 4 oz. fresh pineapple juice, 2 oz. coconut cream, 2 C. crushed ice. Blend until smooth and serve in tall glass with a piece of sliced pineapple on the rim.
  - Hawaiian Lei Activity: Supplies: String, colored straw cut up into 2 inch lengths or fake flowers.
    Hole punch or scissors. Directions: Poke a hole in the middle of each flower and string them
    onto a long piece of string or yarn. Tie at the ends and present to guests as they arrive at your
    luau.
- Add **Flag Stamp** (Appendix) to your Travel Log. Copyright © 2011 Erica Made Designs, LLC All Rights Reserved.

# **WISCONSIN**

# Lesson 91:

- Locate State and capital on US Map (review), put up piece on map
- REVIEW: Review location and capitals of all states learned so far
- State Animal: The Badger was named the official state animal in 1957. Wisconsin is also nicknamed "The Badger State". In the 1800's miners dug tunnels into hillsides searching for lead. These tunnels reminded people of badgers, and thus the state nickname was born. Badgers are short-legged, heavy-set omnivores (eating both plants and animals) in the weasel family. They have a white strip going between their eyes and on either side of their cheeks, while the majority of their body is gray to black in color. They mostly eat earthworms, insects, and grubs, but can also be found snacking on small mammals, amphibians, reptiles and birds as well as roots and fruit. Although rarely eaten today, the badger was once a main meat source for the Native Americans and colonists. Today they are raised for their hair which is harvested to make shaving brushes, paint brushes, and in some cases, doll hair.
- Famous People: Laura Ingalls Wilder was born February 7, 1867 near Pepin, Wisconsin. In her early childhood, Laura's father, Charles Ingalls, settled on land not yet open for homesteading in what was then Indian Territory. The experience formed the basis of her novel "Little House in the Big Woods, and a later move inspired her most well known novel "Little House on the Prairie", and over the course of her life, she authored the "Little House Series". You can Learn more here.
- **Homemade Butter Activity:** Making butter was a common task in pioneer times. To make your own, you'll need an empty mason jar, and whipping cream. Fill jar approximately half full of whipping cream. Shake vigorously (approx. 15-20 minutes) until butter forms in the jar. Add salt to taste and enjoy on some <u>freshly baked bread!</u>
- Log Cabin Craft: See following pages for craft instructions
- **Food**: Wisconsin is famous for their cheeses. In the early 1890's farmers in Wisconsin shifted from wheat to dairy production to make more sustainable and profitable use of their land. Many immigrants carried cheese making traditions that helped to build the state's reputation as "America's Dairy Land". Today the state continues to be the largest cheese producer in the U.S. making over 600 different cheese varieties, and 2.4 billion pounds each year. It is also the only state to offer a Master Cheese-maker program, patterned after the rigorous standards of similar programs in Europe.

More Information: Wisconsin State: <a href="https://www.wisconsin.gov">www.wisconsin.gov</a>, Historic Landmarks at <a href="https://www.wisconsin.gov">Wikipedia</a>

# WISCONSIN - Activity

# Log Cabin Craft:

# **Supplies:**

- Building Sticks (They are similar to popsicle sticks, but have little notches cut out of each side)
- Hot Glue or Wood Glue (Hot glue will make the process go faster or should be used only with the help of an adult)
- Scisse or small aw to cut sticks.
- Pencil aper for anning
- Temple paint / or finished cabin, and landscape additions to poster and base)
- Large s to of cardboard or poster board to use as base to build  $h_{\ell}$  = on.

# **Directions:**

- 1. Using paker and peccil, awa basic sketch of what your log cabin will look like, add fin windows, does, a chimney and any other feature you'ke to add.
- 2. Using poster board b , draw a recian or square shape where your house v at.
- 3. Start by building the base of the nouse and the building sticks.
- 4. Slowly build up each layer ta' ing into insideration where windows and doors will go in your plan.
- 5. Cut or break sticks where necessary r win lows an loors.
- 6. Finish by placing roof sticks in a "V" green row. ( ) horizonto sticks to them to secure.
- 7. Add roof to top of structure.
- 8. Paint completed log home with a dark . . . . . . color.
- 9. Add landscape features, horse corrals etc. onto poste and base for added interest.

# Alternatives for younger children:

- Cardboard box or empty milk container can be used as house base. Craft sticks will be glued to the cardboard box.
- Lincoln logs these can be easier for younger children to wo: with.









# MIDWESTREVIEW

# Lesson 92:

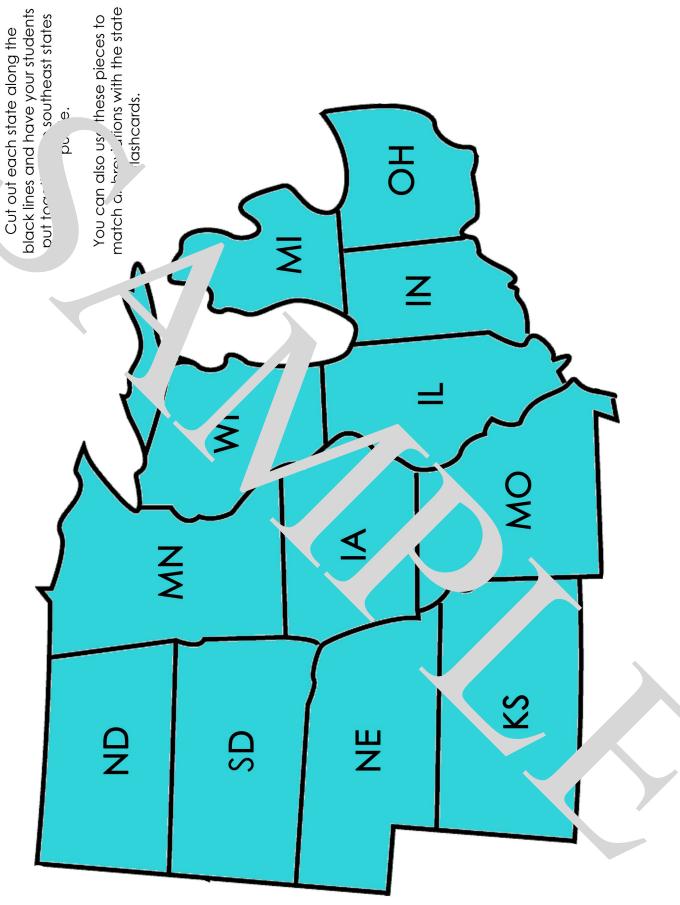
- **Locate** Midwest states on map, and review Capitals (Illinois, Indiana, Iowa, Kansas, Michigan, Minnesota, Missouri, Nebraska, North Dakota, Ohio, South Dakota, Wisconsin)
- Complete mini-book for SD and WI (See student workbook)
- Assemble Midwest states puzzle (See following page, you may want to print one per student.
  Cut them out and place in baggie for storage, have student assemble states as they should
  go.)
- Have students name each state once puzzle is finished (They can use the state abbreviations to help them remember state names.) Add in Northeast and Southeast Puzzle pieces.
- State viations Memory Matching Game: Use State Flashcards (in Appendix) and puzzle pie from a ove game. Lay upside down on floor and play Memory Game Matching the state ard to to appropriate state puzzle pieces, include Northeastern & Southeastern pieces.
- Play in USA/ or states learned so far
- Play west States Jeopardy:

**`upplies**: nite board, markers, ieopardy cards - Print SD and WI jeopardy cards, also need renable in initial adversariation of the second in the second in

# Directions.

- 1. On white board writ in e Midwest Stains Jeopardy"
- 2. Draw a points tally g for each stude your class to keep track of their points scored. (see example below)
- 3. Use Midwest Jeo, y cards from Ap andix (Should have already been printed during previous state review leady)
- 4. Write random points values 3, 10, 2 on backs of each card and tape to white board with points value showing.
- 5. Let students choose which questic hey want to and answer.
- 6. As a student picks a points card, we it to regular the question.
- 7. If they get the answer correct, and their poir their score art.
- 8. The students with the most points after all constant are ready of the overall Midwest States Jeopardy winner.)
- 9. Bring everyone to a Steakhouse to cele, ate making arough the ntire Midwest region of the U.S!

Name	Points
Student 1	30
Student 2	5
Student 3	20



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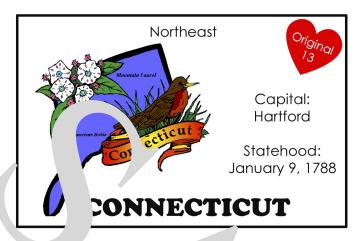
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# Flag Images used with permission from www.flags-to-print.com The Northeast



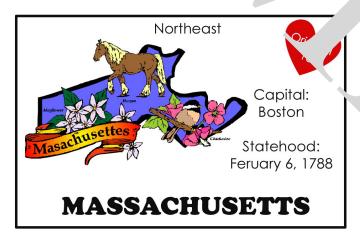
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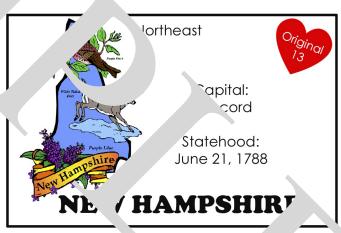






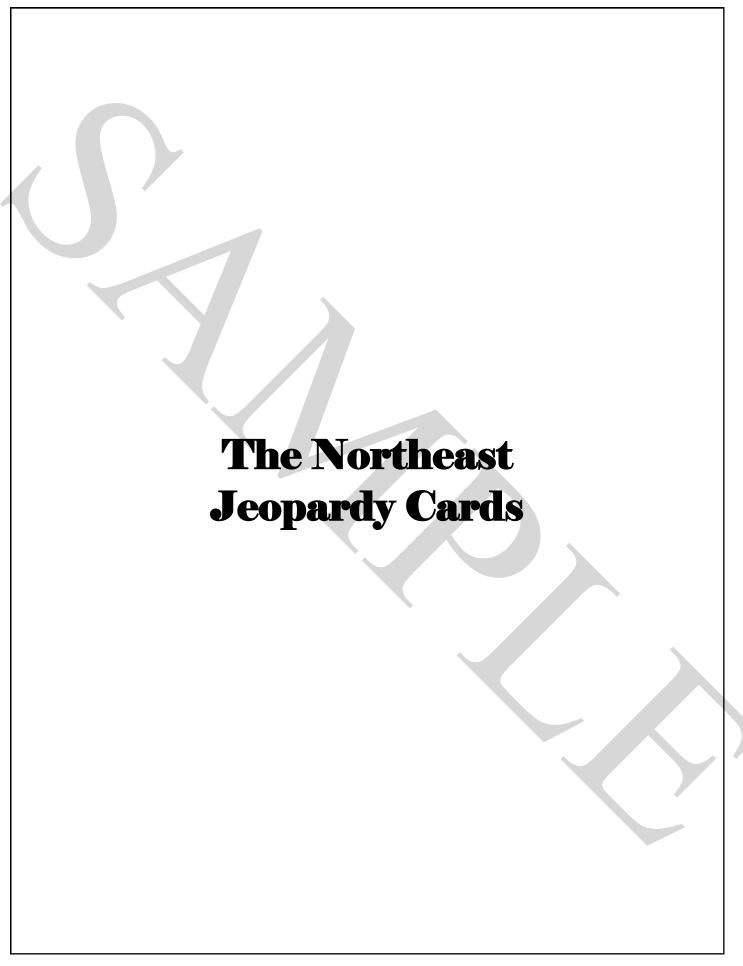












What state is known as "The Constitution State"?

10 bonus pts:
Why did it receive this
rickname?

Answer: Connecticut

What is the state fish of Connecticut?

Answer: American Shad

What is the apital of Connericut?

A wer: Hartford

What color are the flowers of the Mountain Laurel?

10 Bonus Pts:
What state has the Mountain
Laurel as its flower?

Answer: white, pink or purple, Connec

How did the Praying Mantis go its name?

10 Bonus Pts:
What state has the Mantis as its
official state Insect?

Answer: because it folds its hands like it is praying, Connecticut

Majo. ' Je Bo aball player, Jackie Robin , Corn in?

Answer: Connectiv

What state was Benedict
Arnold, the American defector,
born in?

Answer: Connecticut

What food is C .ecticut famous for inverting?

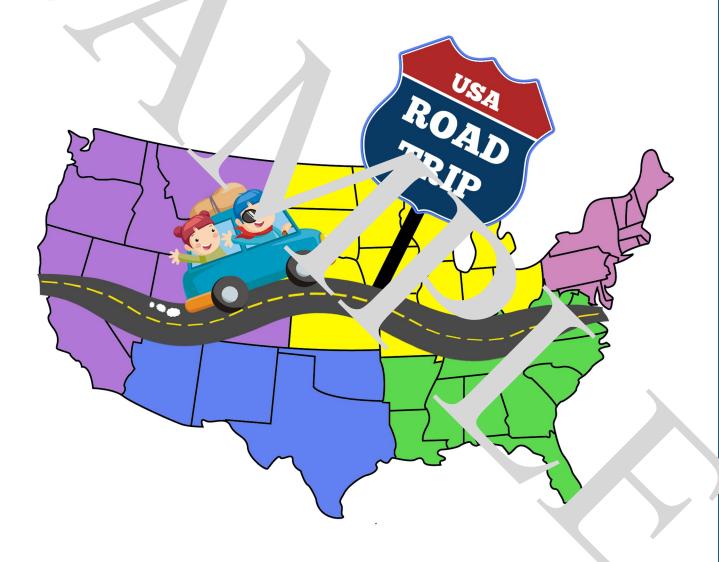
1 Bonus pt: What is your favorite kind?

Answer: Hamburger, answers will vary

# RoadTrip

A Towney across the United States

Str dent Workbook



Traveled By:

# **Tabbed Binder Labels & Binder Spine**

(Labels fit Avery Insertable Dividers, 8 Tab)

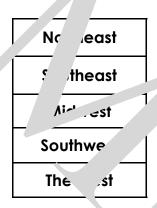


### **Student Workbook Supplies:**

- 1 1/2" 3 ring Clear Cover Binder
- Tabbed Binder Dividers (5 tabs)

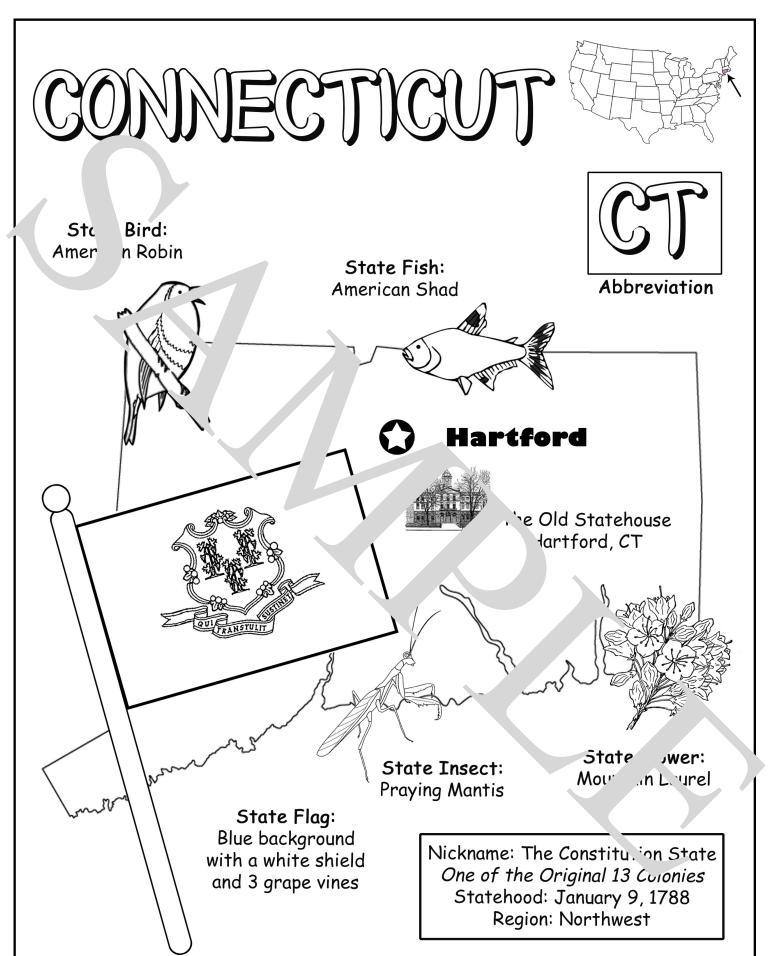
### **Directions:**

- 1. Cut Binder Spine (Left) and place in spine of binder
- 2. Print Cover Page (Previous Page) and place on front cover of binder.
- 3. Cut Divider labels (Below) and place one in each binder divider tab in the order provided below.
- 4. Place appropriate state worksheets behind each tab.
- 5. Add Lap book labels and mini-books to each divider as you complete them.
- 6. Alternate Option: You can also choose to make a traditional lab book with file folders if you choose.





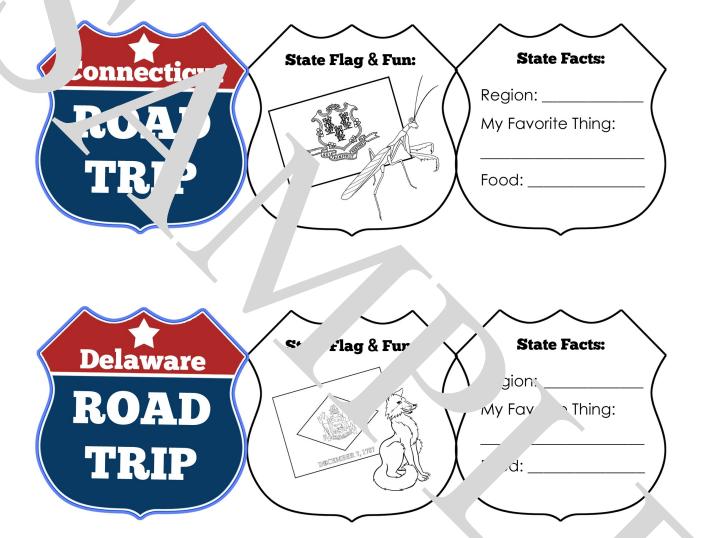




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Cut mini-books along solid lines, being careful not to cut through where shapes are touching. Accordion fold and add to USA lap book.

\*The **Star** shape symbolizes that the state was also one of the original 13 colonies.





Certificate of Conpletion



has co, leted Road Trip USA!



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