

# MAIL CARRIER UNIT

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This unit is designed for preschoolers and kindergartners.  
It is a fun way to introduce Mail Carriers to your students, and help  
familiarize them with the importance of community workers.

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## **Mail Carrier Unit:**

### **Lesson 1:**

- **Introduction:** Introduce the mail carrier career to your students. Ask if they know what a mail carrier does, and how they go about doing it. Tell students that mail carriers are responsible for picking up mail to be sent, as well as delivering mail to residents in their specific area. Mail carriers work no matter what the weather, but not on national holidays.
- **Activity:** Color the Mailman worksheet (Note, even though we typically refer to mail carriers as a "mailman" they can be either women or men.)

### **Lesson 2:**

- **Envelope Activity:** Help students learn how to properly address the below envelope to someone they like. Have them color in a pretty stamp for their letter in the box provided. Make sure to tell them where the mailing address and return address go on an envelope, and what they're used for.
- **Optional:** Have students write a letter, or color a picture and have them actually mail it to a family member.

### **Lesson 3:**

- **Mailbox Activity:** Cut out the mailbox pieces and color. Glue flag to mailbox and then carefully tape the door piece to the mailbox along the bottom so it will flap open.
- **Optional:** Have students write their last name, or street address on their mailbox. You can use the letter template on page 6.

### **Lesson 4:**

- **Mail Carrier Poem:** Read the poem to students, then help them memorize the mail carrier poem.
- **Activity:** Color and cut out the mail carrier poem worksheet.

### **Lesson 5:**

- **Stamp Memory Game:** Cut out the below stamps and place them face down on a flat surface. Play stamp memory: take turns flipping two cards over. If they match you get to keep them. If not, you have to turn them back over and let another player have a turn. Player with most matches at the end of the game wins! Can be played with one player as well!

### **Lesson 6:**

- **Craft:** Make the mail carrier hat on page 10. (Need: Blue construction paper, crayons)
- **Activity:** Cut out fake letters, or use real envelopes. Have students pretend to be mail carriers and deliver mail to other students in the room.

### **Lesson 7:**

- **Field Trip:** If possible, take a field trip to a local post office to see how they operate. You may also stop your mail carrier, and ask a few questions next time you see them!

# Mailman

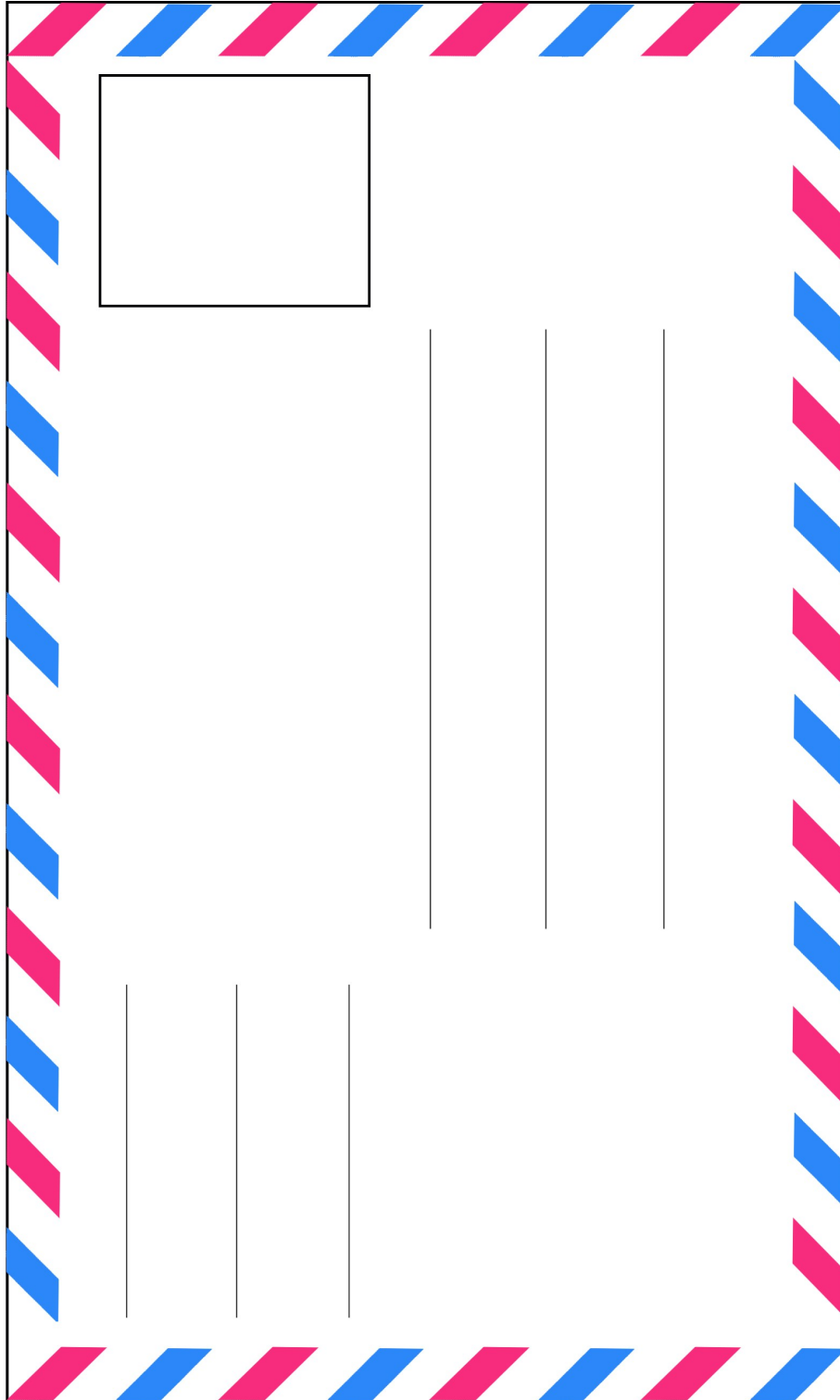
## WHAT DO MAIL CARRIERS DO?

- 1. THEY DELIVER MAIL**
- 2. THEY PICK UP MAIL**
- 3. THEY WORK EVEN IN BAD WEATHER!**



### Envelope Activity:

Help students learn how to properly address the below envelope to someone they like. Have them color in a pretty stamp for their letter in the box provided. Make sure to tell them where the mailing address and return address go on an envelope, and what they're used for.



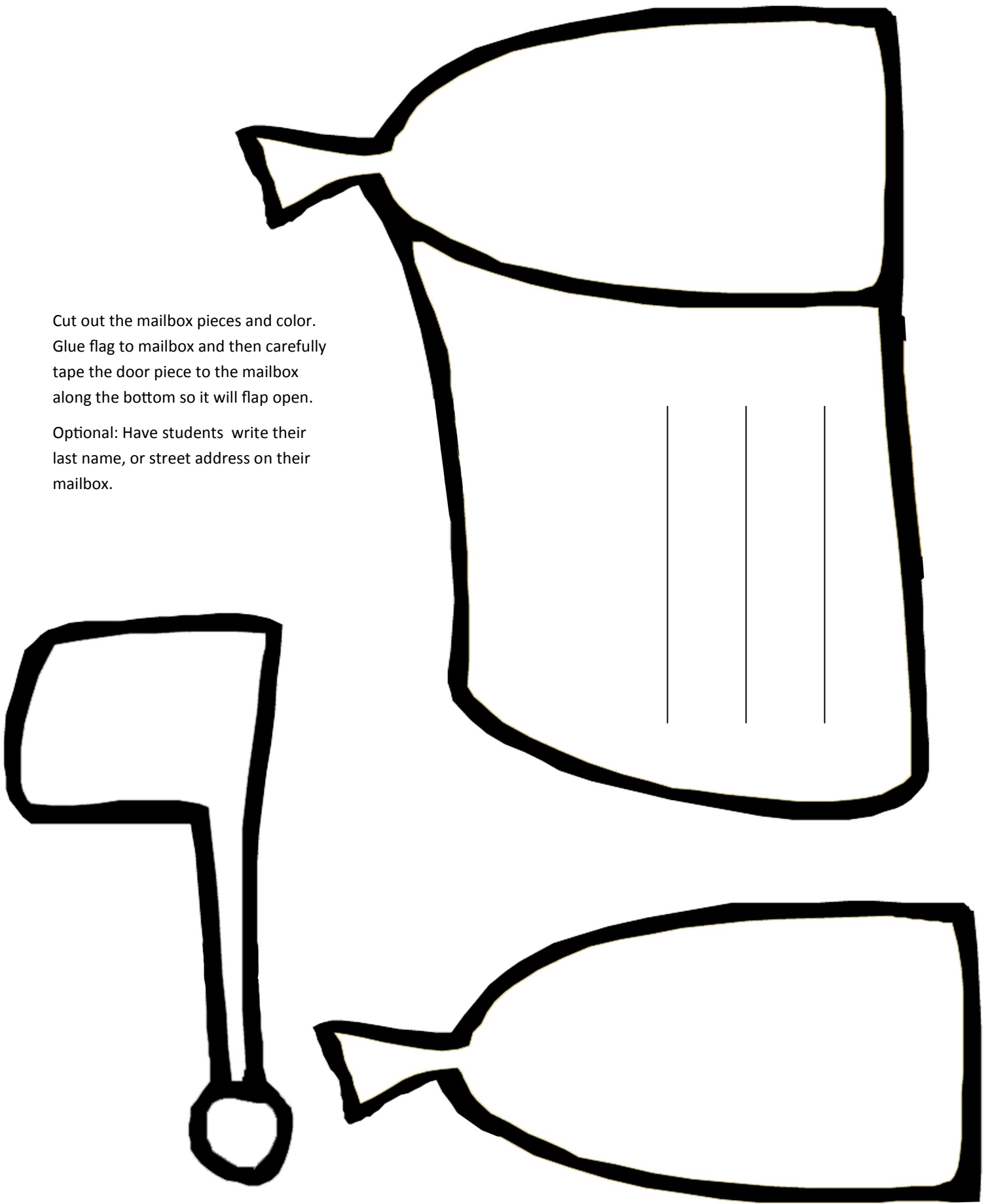
Handwriting practice lines (top right section) consisting of three sets of solid top and bottom lines with a dashed midline.

Main handwriting practice area consisting of eight sets of solid top and bottom lines with a dashed midline.

Handwriting practice lines (bottom center section) consisting of two sets of solid top and bottom lines with a dashed midline.

Cut out the mailbox pieces and color.  
Glue flag to mailbox and then carefully  
tape the door piece to the mailbox  
along the bottom so it will flap open.

Optional: Have students write their  
last name, or street address on their  
mailbox.



### Mailbox Poem:

Have students cut out and color the mailbox poem worksheet.

Read it aloud to them and help them to memorize it.





## Stamp Memory Game:

Cut out the below stamps and place them face down on a flat surface. Play stamp memory: take turns flipping two cards over. If they match you get to keep them. If not, you have to turn them back over and let another player have a turn. Player with most matches at the end of the game wins! Can be played with one player as well!





## Mailman Hat Template:

Color and cut out the hat template. Staple or glue side strips to a longer piece of blue or grey construction paper long enough to fit around your students head.

